

Questions for Reflection and Discussion

Overflow

The Holy Spirit: Pt. 4

Getting Started

What are some things that commonly control people?

Digging In

1. **Read Ephesians 5:18.** What are we **not** to do?

2. What are some other unhealthy things that can control us?

3. Instead of being controlled by wine, who is to control our lives? Put this in your own words.

4. **Read Ephesians 5:19-21.** What will be some of the results of allowing the Holy Spirit to control our lives?

5. In ordinary language, what do you think Paul is saying in v. 19?

6. Why do you think being filled with the Spirit leads naturally to giving thanks?

7. What does v. 20 look like in everyday life?

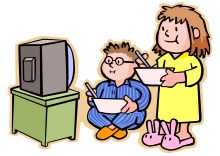
8. Paraphrase v. 21.

9. **Read Colossians 3:16-17.** In what ways is being filled with God's word like being filled with the Holy Spirit?

10. Why do you think this is?

11. **Read Galatians 5:22-23.** What character qualities can we expect to see in the life of someone in whom the Spirit is active?

12. Look through this list of qualities slowly and prayerfully. Ask the Holy Spirit to show you where you need to grow. (Don't rush this. If you conclude you're pretty much doing just fine, go through the list again. Ask a friend or spouse for input. ☺ That could be an eye-opener, and hopefully a heart-opener.)



Getting Personal

- In what ways is the control of the Holy Spirit evident in your life?
- In what areas do you need to give the Spirit greater control?